



[www.guardyoureyes.org](http://www.guardyoureyes.org)

A website for religious Jews struggling to maintain their moral purity in today's world

[www.GuardYourEyes.org](http://www.GuardYourEyes.org) is helping hundreds of Yidden deal with the greatest test of our generation; the dangers of technology - which is destroying lives, marriages and families more than anything else today.

With warm endorsements from Rabbi Ahron Feldman - a member of the Mo'etzes Gedolei HaTorah of America, and Rabbi / Dr. Avraham Twerski MD the world renowned Rabbi, psychiatrist, author and expert on **addictions**.

***Do you have open internet access at home? Does your husband or teenager lock themselves into their room/office for hours? Don't be naïve. They need help.***

*The anonymity and availability is a deadly combination, and it is pulling down our very finest and brightest. Everyone says "not my husband" / "not my children". Don't find out the bitter truth too late. This is destroying the best homes across the religious spectrum. As Rabbi Twerski often says about this issue: "There is NO IMMUNITY".*

For those who have already fallen into this destructive addiction (which can happen from just one exposure), GuardYourEyes offers an entire network of help:

- Hundreds of stories, tips and articles on how to break free of this addiction
- Daily Chizuk e-mails
- Anonymous phone conferences and Hotlines
- A discreet forum where hundreds of Yidden exchange *chizuk* and advice
- Free downloadable Handbooks with step by step guidance on breaking free, depending on the level of addiction
- Many therapy options
- 90-Day-Chart with levels and rewards!
- Accountability Partners
- ... and so much more!***

***"Buy your kids a gun before you buy them a cell-phone with internet access. They are likely to do less damage!"***... Phillip Rosenthal (addiction therapist and technology expert – Mishpacha Magazine, 26 Shvat 5770).

#### **Prevention Tips:**

- Keep the computer in an open area, in full view.
- Get a strong filter like K9, and make sure someone trustworthy holds the password. (We have a special filter "Gabai" at GYE who can hold it for you and make any necessary changes remotely.)
- On top of that, get Accountability Software, like webchaver.org, which sends reports of every website visited to your "chavrushah", or get keylogger software such as eBlaster that sends reports of every key-stroke to the partners of your choice. (It lurks unseen in the background and can't be bypassed by anyone who doesn't hold the password.)
- Let your husband and kids know that you know everything they do - and view - online!

**Visit [www.GuardYourEyes.org](http://www.GuardYourEyes.org) today.  
Hundreds of testimonials of lives changed!**