

## Seasons of Transformation

An Innovative Training for Men

Call of the Shofar is a non-profit organization whose mission is to awaken within the Jewish people an experience of true personal and communal transformation.

This special three-day workshop is a unique opportunity to experience the Jewish holidays as actual markers in time that offer us opportunities for heightened awareness and greater fulfillment within ourselves and all our relationships.

## We invite you to experience life with more consciousness, vitality and joy

Hundreds of men have attended this workshop. Here are some reasons why:

- Experience deeper connections
- Discover tools for happier relationships
- Enhance listening and communicating skills
- Increase self-confidence/ self-esteem
- Find greater fulfillment in their job/work
- Manage anger and stress
- To live fully in each moment
- ... And achieve all this within a safe and supportive group of Jewish men.

"I went and it changed my life. I now have a better understanding of myself, which has translated into a better relationship with my wife, my children, my friends, and my colleagues at work. And I accomplished that new understanding in a safe, caring, and Jewish environment."

## Alex Polonsky, Attorney Silver Spring, MD

"I am very enthusiastic about the organization, 'Call of the Shofar' which promotes personal growth and relational health within the Jewish community." HaRav Michel Twerski Milwaukee, WI

To register or for more information call 1-888-233-4132 or e-mail info@calloftheshofar.org

When Friday August 28, 2009, 10am – Sunday August 30, 6:30pm

Where Camp Vacamas (Hayden Lodge), West Milford, NJ (Food and Lodging provided)

**Cost** \$595 (\$550 before July 31<sup>st</sup>)

## Space is limited. Call Now!

www.calloftheshofar.org